

ABSTRAK

Latar belakang penyakit batu ginjal (nefrolitiasis) merupakan pembentukan materi keras pada ginjal seperti batu berasal dari mineral dan garam. Batu ginjal dapat terjadi pada ginjal, ureter, kandung kemih, serta uretra Berdasarkan hasil survei Dari Rumah Sakit Umum Daerah Tgk Chik Ditiro Sigli, angka kejadian nefrolitiasis yang tercatat pada tahun 2024 dari bulan Januari-Mei tercatat 84 Pasien yang menderita penyakit nefrolitiasis (Rekam Medik Ruang Bedah Khusus RSUD Tgk. Chik Ditiro Sigli 2024). **Tujuan studi kasus** untuk mendeskripsikan asuhan keperawatan pada Pasien nefrolitiasis post operasi nefrolitotomi di ruang rawat bedah khusus Rumah Sakit Umum Daerah Tgk. Chik Ditiro Sigli. **Metode yang digunakan** metode deskriptif dalam bentuk studi kasus dengan pendekatan asuhan keperawatan, yang meliputi pengkajian, diagnosis keperawatan, perencanaan, pelaksanaan, dan evaluasi. **Studi kasus** dilaksanakan mulai tanggal 10 s/d 12 Juni 2024. **Hasil yang didapatkan** yaitu ditemukan adanya rasa nyeri di pinggang sebelah kanan. Saat pengkajian terdapat skala nyeri 5, dan mengatakan nyeri karena sayatan operasi dipinggang sebelah kanan, nyeri yang dirasakan seperti ditusuk-tusuk. Pada penegakan diagnosa asuhan keperawatan nyeri akut, gangguan pola tidur, resiko infeksi. **Kesimpulan** asuhan keperawatan diperoleh dari tahap pengkajian, diagnosa keperawatan, perencanaan, pelaksanaan, dan evaluasi sudah dilakukan. Tidak terdapat perbedaan dalam perencanaan antara teori dengan yang dilakukan peneliti, dan tindakan teratasi sebagian. **Disarankan** bagi penulis diharapkan menambah pengalaman belajar, dan meningkatkan pengetahuan tentang asuhan keperawatan post operasi pasien nefrolitiasis, studi kasus ini diharapkan dapat memberikan manfaat serta informasi bagi perawat tentang asuhan keperawatan pasien post operasi nefrolitiasis.

Kata Kunci: asuhan keperawatan post operasi nefrolitiasis.

ABSTRACT

The background to kidney stone disease (nephrolithiasis) is the formation of hard material in the kidneys such as stones derived from minerals and salts. Kidney stones can occur in the kidneys, ureters, bladder and urethra. Based on survey results from the Tgk Chik Ditiro Sigli Regional General Hospital, the number of nephrolithiasis incidents recorded in 2024 from January-May was recorded at 84 patients suffering from nephrolithiasis (Medical Record Special Surgical Room at Tgk Chik Ditiro Sigli Regional Hospital 2024). The aim of the case study is to describe nursing care for nephrolithiasis patients after nephrolithotomy surgery in the special surgical room at Tgk Regional General Hospital. Chik Ditiro Sigli. The method used is a descriptive method in the form of a case study with a nursing care approach, which includes assessment, nursing diagnosis, planning, implementation and evaluation. The case study was carried out from 10 to 12 June 2024. The results obtained were that there was pain in the right side of the waist. During the assessment there was a pain scale of 5, and said the pain was due to a surgical incision on the right side of the waist, the pain felt like being stabbed. In establishing nursing care diagnoses of acute pain, sleep pattern disturbances, risk of infection. Nursing care conclusions are obtained from the assessment stage, nursing diagnosis, planning, implementation and evaluation have been carried out. There is no difference in planning between theory and what researchers do, and actions are partially resolved. It is recommended that the author add to his learning experience and increase his knowledge about post-operative nursing care for nephrolithiasis patients. It is hoped that this case study can provide benefits and information for nurses about nursing care for post-operative nephrolithiasis patients.

Keywords: post-operative nursing care for nephrolithiasis.