

ABSTRAK

Latar belakang Provinsi Aceh mencatat jumlah pengidap stroke berdasarkan survey penyakit tidak menular (PTM) 2022 sebanyak 12.303 jiwa. Angka meningkat dibandingkan 2021 sekitar 11.210 orang. Berdasarkan hasil survey di Ruang Rawat Stroke Rumah Sakit Umum Daerah Tgk. Chik Ditiro Sigli, angka kejadian stroke iskemik dari bulan Januari-Mei terdapat 10 kasus stroke iskemik. **Tujuan studi kasus** untuk mendeskripsikan gambaran asuhan keperawatan pada pasien stroke iskemik di ruang rawat stroke Rumah Sakit Umum Daerah Tgk. Chik Ditiro Sigli. **Metode yang digunakan** metode deskriptif dalam bentuk studi kasus dengan pendekatan asuhan keperawatan, yang meliputi pengkajian, diagnosis keperawatan, perencanaan, pelaksanaan, dan evaluasi. Studi kasus ini dilaksanakan pada 10 Juni 2024 sampai dengan empat hari rawatan. **Hasil yang didapatkan** pada kasus Tn.T dengan stroke iskemik yaitu ditemukan adanya peningkatan tekanan darah pada pasien. Saat pengkajian tekanan darah pasien 170/110 mmHg, Pada penegakan diagnosa pasien memiliki masalah yaitu peningkatan intrakranial, hambatan mobilitas fisik, dan gangguan komunikasi verbal. **Kesimpulan** yang didapatkan diperoleh dari tahap pengkajian, diagnosa keperawatan, perencanaan, pelaksanaan, dan evaluasi sudah dilakukan. Hasil evaluasi tindakan selama tiga hari dirumah sakit secara keseluruhan sudah tercapai di hari rawatan ke tiga. **Disarankan** asuhan keperawatan ini kedepannya agar lebih komprehensif dimulai dari penerimaan pasien sampai dengan pasien direncanakan pulang.

Kata Kunci : asuhan keperawatan, pembuluh darah, pengkajian fisik, stroke iskemik

ABSTRACT

Background: The province of Aceh recorded that the number of stroke sufferers based on the 2022 non-communicable disease (PTM) survey was 12,303 people. the figure has increased compared to 2021, around 11,210 people. Based on the results of a survey in the stroke ward at the Tgk Chik Ditiro Sigli Regional General Hospital, the incidence of ischemic stroke from January to May was 10 cases of ischemic stroke. The aim of the case study is to describe the description of nursing care for ischemic stroke patients in the stroke ward at the Tgk regional general hospital. Chik Ditiro Sigli. The method used is a descriptive method in the form of a case study with a nursing care approach, which includes assessment, nursing diagnosis, planning, implementation and evaluation. This case study was carried out on June 10 2024 for up to four days of treatment. The results obtained in the case of Mr. T with ischemic stroke, there is an increase in blood pressure in the patient. When the patient's blood pressure was assessed, it was 170/110 mmHg, when confirming the diagnosis, the patient had problems, namely increased intracranial pressure, impaired physical mobility, and impaired verbal communication. The conclusions obtained are obtained from the assessment, nursing diagnosis, planning, implementation and evaluation stages that have been carried out. The overall results of the three-day hospital evaluation were achieved, on the third day of treatment. It is recommended that nursing care in the future be more comprehensive, starting from patient reception until the patient is scheduled to go home.

Keywords: nursing care, blood vessels, physical assessment, ischemic stroke.