

ABSTRAK

Penelitian ini bertujuan untuk mengetahui hubungan antara self awareness dengan kedisiplinan siswa Kabupaten Aceh Utara. Metode penelitian yang digunakan yaitu metode kuantitatif dengan jenis penelitian korelasional. Data diperoleh melalui kuisioner *self awareness* dan kedisiplinan. Responden dalam penelitian ini sebanyak tiga ratus delapan puluh delapan orang siswa SMA yang diperoleh menggunakan teknik *cluster sampling*. Analisis data menggunakan *Spearman's rho* dan diperoleh hasil bahwa terdapat hubungan positif dan signifikan dengan koefisien korelasi 0,647 dengan signifikansi 0,000. Sehingga dapat disimpulkan bahwa semakin tinggi *self awareness* siswa maka akan semakin tinggi kedisiplinan siswa. *self awareness* membantu siswa untuk lebih disiplin. *self awareness* yang tinggi cenderung menciptakan sistem nilai dalam diri seseorang, sehingga dapat merefleksikan dirinya dan berperilaku positif sesuai dengan peraturan yang telah ditetapkan.

Kata Kunci: Kedisiplinan, Kesadaran Diri, Siswa SMA

ABSTRACT

This research aims to determine the relationship between self-awareness and discipline in North Aceh Regency students. The research method used is a quantitative method with a correlational research type. Data was obtained through self-awareness and discipline questionnaires. The subjects in this study were three hundred and eighty eight high school students who were obtained using *cluster sampling* techniques. Data analysis used Spearman's rho and the results showed that there was a positive and significant relationship with a correlation coefficient of 0.647 with a significance of 0.000. So it can be concluded that the higher the student's self-awareness, the higher the student's discipline. Self-awareness helps students to be more disciplined. High self-awareness tends to create a value system within a person, so that he can reflect on himself and behave positively in accordance with established rules.

Keywords: Discipline, Self Awareness, High School Students