

## ABSTRAK

Penelitian ini bertujuan untuk mengetahui apakah terdapat hubungan antara *academic adjustment* dengan *academic resilience* pada siswa SMK Negeri 1 Kutalimbaru Deli Serdang. Metode penelitian yang digunakan yaitu metode kuantitatif dengan jenis penelitian korelasional. Data diperoleh melalui kuesioner *academic adjustment* dan *academic resilience*. Subjek dalam penelitian ini berjumlah dua ratus sembilan puluh sembilan orang siswa yang diperoleh berdasarkan metode *proportionate stratified random sampling*. Analisis data menggunakan *Spearman's rho* dan diperoleh hasil bahwa terdapat hubungan positif dan signifikan dengan koefisien korelasi 0,687 dengan signifikansi 0,000. Sehingga dapat disimpulkan bahwa semakin baik siswa dalam menyesuaikan diri dengan akademik maka semakin tinggi pula resiliensi akademik siswa. *Academic adjustment* mampu membantu siswa mengatasi tuntutan pendidikan dan beradaptasi secara efektif dengan lingkungan sehingga siswa dapat meningkatkan *academic resilience* untuk mencapai kesuksesan akademik.

*Kata Kunci: Academic Adjustment, Academic Resilience, Siswa SMK*

## **ABSTRACT**

*This study aims to determine whether there is a relationship between academic adjustment and academic resilience of state vocational high school 1 Kutalimbaru Deli Serdang. The research method used is quantitative method with correlational research type. Data obtained through the questionnaire academic adjustment and academic resilience. Subjects in this study amounted to two hundred and ninety nine students who were obtained based on the proportionate stratified random sampling. Data analysis using Spearman's rho and results that there was a positive and significant relationship with a correlation coefficient of 0.648 with a significance of 0.000. So it can be concluded that the better students adapt to academics, the higher the students' academic resilience. Academic adjustment is able to help students overcome educational demands and adapt effectively to the environment so that students can increase academic resilience to achieve academic success.*

*Keyword: Academic Adjustment, Academic Resilience, Vocational Students*