DAFTAR PUSTAKA

Afridah, M., Rahmawati, I., Zamardah, L., Fahri, M., & Salsabila, S. (2022). Kesejahteraan emosional pedagang kaki lima di masa pandemi.JUBIKOPS: Jurnal Bimbingan Konseling dan Psikolog

Baker, M. (2015). Single mothers' emotional well-being and coping mechanisms. Journal of Family Psychology, 28(1), 102-111.

Cohen, S. (2017). Social support and stress: A review of the literature. Journal of Clinical Psychology, 56(3), 315-323.

Damayanti, S., & Ratri Desiningrum, D. (2014). Hubungan antara quality of school life dengan emotional well-being pada siswa madrasah Semarang

Diener, E (2000). Emotional Well Being: The Science Of Happiness And Proposal For National Index. The American Psychology Assotiation, 55 (1): 34-43.

Diener,Ed.,& Larsen,R.J.(2009).The_experience_of_emotional_well-being.pdf

Diener, E. (2012). Subjective well-being and life satisfaction: Overview and commentaries. Journal of Happiness Studies, 13(1), 1-17.

Evans, G. W. (2017). Children and environmental stress. Psychological Science, 18(2), 102-106.

Fitriani, D., Safarina, N. A., & Hafnidar. (2025). Dukungan sosial dan emotional well-being pada mahasiswa penerima KIP-Kuliah. INSIGHT: Jurnal Penelitian Psikologi, 3(3), 619–631.

Graham, L. L., & Sanders, E. (2016). Parenting under stress: Emotional support and the child's well-being. Journal of Family Psychology, 32(4), 402-414

Hafnati, N., Safarina, N. A., & Safuwan. (2023). Perbedaan kesejahteraan emosional mahasiswa tingkat akhir Unimal ditinjau berdasarkan tipe kepribadian. INSIGHT: Jurnal Penelitian Psikologi.

Harrison, M. (2014). The impact of single motherhood on children and families. Journal of Social Psychology, 25(4), 205-217.

Hardiansyah, H. (2015). *Metodologi penelitian kualitatif untuk ilmu psikologi.* Jakarta: Salemba Humanika.

Handayani, R. (2021). Tekanan psikologis pada ibu tunggal: Studi kasus di kota besar. Jakarta: Pustaka Psikologi.

Hughes, R., & Murrell, P. (2015). The experience of single mothers: Perspectives on family and mental health. Journal of Social Psychology, 30(2), 55-67

Iganingrat, A., & Eva, N. (2023). Kesejahteraan psikologis pada ibu tunggal.

Keyes, C. L. M. (2009). The nature and importance of positive mental health in emotional well-being. American Psychologist, 64(6), 495-505.

Keyes, C. L. M., & Magyar-Moe, J. L. (2003). The measurement and utility of adult subjective well - being. In S. J. Lopez & C. R. Snyder (Eds.), Positive psychological assessment: A handbook of models and measures (p. 411–425). American Psychological Association

Miller, S., & Ryan, C. (2018). The importance of emotional well-being in parenting: Implications for single mothers. Family Relations, 67(2), 254-267.

Nasution, F. (2022). Pengaruh kesejahteraan emosi ibu terhadap perkembangan anak usia dini. Jurnal Perkembangan Anak, 7(1), 44–57.

Nujulah, L. (2022). Kesehatan reproduksi dan pelayanan keluarga berencana. Rena Cipta Mandiri

Putri, D., & Nugroho, T. (2020). Ibu tunggal dan tantangan pengasuhan anak usia sekolah. Jurnal Ketahanan Keluarga, 5(3), 89–102.

Quthni, C. Z., Safarina, N. A., & Amalia, I. (2023). Perbedaan emotional well-being pada ibu rumah tangga dengan ibu bekerja di Aceh Utara. INSIGHT: Jurnal Penelitian Psikologi.

Rahmawati, N., & Lestari, D. (2020). Transisi anak ke usia sekolah dan peran keluarga. Bandung: Eduka Media.

Reed, L., & Hsu, H. (2017). Emotional support and its effects on maternal mental health in single-parent families. Journal of Family Psychology, 31(3), 315-324

Sukmana, H. P., & Hanami, Y. (2023). Solo supermom: Psychological well-being pada ibu tunggal yang kehilangan pasangan meninggal dunia. psyche 165 journal, 16(4). https://doi.org/10.35134/jpsy165.v16i4.288

Smith, J. A., Flowers, P., & Larkin, M. (2009). Interpretative Phenomenological Analysis: Theory, Method and Research. Sage

Sulaiman, D. R. A., Abdal, N. M., & Setialaksana, W. (2023). Pengaruh mentoring terhadap emotional wellbeing mahasiswa tahun pertama. Jurnal MediaTIK, 6(1). https://doi.org/10.26858/jmtik.v6i1.47304

Smith, M., & Snyder, S. (2020). Social support and emotional well-being in single mothers: An exploration of resilience. Journal of Social and Personal Relationships, 37(6), 1015-1033.

Smith, J. (2016). Stress and coping mechanisms in single mothers: A psychological perspective. Journal of Family Psychology, 34(3), 245-257

Yuliana, E. (2018). Stres dan kecemasan pada ibu tunggal: Tinjauan psikologis. Jurnal Psikologi Sosial, 10(2), 72–85