

DAFTAR PUSTAKA

- Adelia, S. (2021). *perbedaan self-disclosure pada dewasa awal pengguna media sosial instagram ditinjau berdasarkan jenis kelamin di kota banda aceh*. Iniversitas Islam Negri Ar-Raniry.
- Andrea, B., Gabriella, H. C., & Tímea, J. (2016). Y and Z generations at workplaces. *Journal of Competitiveness*, 8(3), 90–106. <https://doi.org/10.7441/joc.2016.03.06>
- Andriyani, dwi P., & Wibowo, D. H. (2024). Hubungan antara Kepercayaan Diri dengan Self-disclosure Remaja Awal Generasi Z. *Jurnal Ilmiah Psikologi MIND SET*, 15(01), 39–46. <https://doi.org/10.35814/mindset.v15i01.5407>
- Apriyanti, E., Sari, S., & Dianthi, M. H. (2024). Self Disclosure Pada Komunikasi Generasi Z. *Jurnal Komunikasi Dan Administrasipublik*, 11(1), 417–426.
- Azwar, S. (2021). *penyusunan skala psikologi* (edisi-3). Pustaka pelajar.
- Balon, R. (2024). An Explanation of Generations and Generational Changes. *Academic Psychiatry*, 48(3), 280–282. <https://doi.org/10.1007/s40596-023-01921-3>
- Beatrice, V. A., & Damastuti, R. (2024). Phenomenon of Self Disclosure in Use Second Instagram Account, Study Phenomenology of Gen-Z in Yogyakarta. *Icommedig*, 1(1), 169–180.
- Bevan-dye, A. L., & Akpojivi, U. (2016). South African Generation Y students ' self-disclosure on Facebook. *Psychological Society of South Africa*, 46(1), 114–129. <https://doi.org/10.1177/0081246315602645>
- Darmi, F. E. P., Roslinda, & Mario Pratama. (2024). PERBEDAAN SELF DISCLOSURE DITINJAU DARI TIPE KEPRIBADIAN PADA MAHASISWA PENGGUNA SECOND ACCOUNT INSTAGRAM. *CAUSALITA : Journal of Psychology*, 2(1), 92–98. <https://doi.org/10.62260/causalita.v2i1.196>

- Devito, Joseph A. (1986). *The communication handbook a dictionary*. New York: Harper & Row. <https://archive.org/search.php?query=external-identifier%3A%22urn%3Alcp%3Acommunicationhan0000devi%3Alcpdf%3Ac6cfe530-dc8d-4c2b-8f29-2d199656d95c%22>
- Devito, J. A. (2016). Human Communication The Basic Course Fourteenth Edition. In *BOOK: Human Communication*. www.ablongman.com/relocator
- Febriliyani, W. E., & Djudiyah, D. (2025). Expressive Writing untuk Meningkatkan Self-Disclosure Generasi Milenial Pengguna Sosial Media Instagram. *Observasi: Jurnal Publikasi Ilmu Psikologi*, 3(2), 376–395. <https://doi.org/10.61132/observasi.v3i2.1579>
- Frabun, N. I., & Salemuddin, M. R. (2024). FACEBOOK DAN PERILAKU (Studi Ibu Rumah Tangga Di Kelurahan Tello Baru Kota Makassar Sulawesi Selatan). *ARIMA: Jurnal Sosial Dan Humaniora*, 1(4), 168–177.
- Guess, A., Nagler, J., & Tucker, J. (2019). Less than you think: Prevalence and predictors of fake news dissemination on Facebook. *Asian-Australasian Journal of Animal Sciences*, 32(2), 1–8. <https://doi.org/10.1126/sciadv.aau4586>
- Gulo, M. G., & Ambarita, T. F. A. (2023). Perbedaan Self-Disclosure, pada Dewasa Awal Pengguna Media Sosial “Instagram” Ditinjau Berdasarkan Jenis Kelamin pada Mahasiswa Universitas HKBP Nommensen Medan. *INNOVATIVE: Journal Of Social Science Research*, 3(4), 9294–9307.
- Hapsari, L., & Muhammad, A. H. (2024). Online self-disclosure dan display of affection di media sosial online. *Journal of Social and Industrial Psychology*, 13(1), 15–23. <https://journal.unnes.ac.id/journals/sip/article/view/10167>
- Harahap, A., Imam, Y. A., & Nazmia, W. T. B. R. S. (2020). Teori dalam Penelitian Media. *Jurnal Edukasi Nonformal*, 3(2), 136–140.
- Hartawan, Y. (2019). Fenomena Kalangan Pengguna Media Sosial Di Kota

Bandung (Studi Fenomenologi Kalangan Pengguna Media Sosial Facebook Generasi X Di Kota Bandung). *Paradigma POLISTAAT: Jurnal Ilmu Sosial Dan Ilmu Politik*, 2(1), 27–37. <https://doi.org/10.23969/paradigmapolistaat.v2i1.1662>

Hasanah, R. (2022). *PENGUNAAN TIKTOK DI KALANGAN IBU-IBU DI GAMPONG IE MASEN ULEE KARENG*. UIN AR-RANIRY.

Heckathorn, D. D. (1997). Respondent-Driven Sampling: A New Approach to the Study of Hidden Populations. In *Social Problems* (Vol. 44, Issue 2, pp. 174–199). <https://doi.org/10.1525/sp.1997.44.2.03x0221m>

Hiezl, K. (2022). Communicating with the Generations: What Data Can a Hotel Get from their Guest for Service. *Euro-Asia Tourism Studies Journal*, 3(November 2022), 1–34. <https://doi.org/10.58345/ctjw3637>

Iba, Z., & Wardhana, A. (2024). *analisis regresi dan analisis jalur untuk riset bisnis menggunakan spss & smart-pls* (Issue July). PENERBIT CV.EUREKA MEDIA AKSARA.

Istiqoma, Anggriawan, D., Syafe'i, A., & Wulindari, A. (2024). The Face of Social Media For Generation X : A Study On Generation X Rengas Village Wajah Media Sosial Bagi Generasi X : Studi Pada Generasi X Desa Rengas. *Jurnal Masyarakat Maritim*, 8(1), 28–36.

Jiang, M., Tsai, H. yi S., Cotten, S. R., Rifon, N. J., LaRose, R., & Alhabash, S. (2016). Generational differences in online safety perceptions, knowledge, and practices. *Educational Gerontology*, 42(9), 621–634. <https://doi.org/10.1080/03601277.2016.1205408>

Josefsson, T., Ivarsson, A., Gustafsson, H., Stenling, A., Lindwall, M., Tornberg, R., & Böröy, J. (2019). *Effects of Mindfulness-Acceptance-Commitment (MAC) on Sport-Specific Dispositional Mindfulness , Emotion Regulation , and Self-Rated Athletic Performance in a Multiple-Sport Population : an RCT Study*. 1518–1529. <https://doi.org/https://doi.org/10.1007/S12671-019-01098-7>

- Jourard, sidney M. (1971). the transparent self. In *Early Human Development* (revised e, Vol. 83, Issue 4). Printed in the United States of America ITP.
<https://doi.org/10.1016/j.earlhumdev.2006.05.022>
- Jourard, S. M., & Lasakow, P. (1958). Some factors in self-disclosure. *Journal of Abnormal and Social Psychology*, 56(1), 91–98.
<https://doi.org/10.1037/h0043357>
- Jurkiewicz, C. L. (2000). Generation X and the public employee. *Public Personnel Management*, 29(1), 55–74.
<https://doi.org/10.1177/009102600002900105>
- Keipi, T., Oksanen, A., & Räsänen, P. (2015). Who prefers anonymous self-expression online? A survey-based study of Finns aged 15–30 years. *Information Communication and Society*, 18(6), 717–732.
<https://doi.org/10.1080/1369118X.2014.991342>
- Kristanti, S. A., & Eva, N. (2022). Self-esteem dan Self-disclosure Generasi Z Pengguna Instagram. *Jurnal Penelitian Psikologi*, 13(1), 10–20.
<https://doi.org/10.29080/jpp.v13i1.697>
- Kupperschmidt, B. R. (2000). Multigenerational employee. In *Health Care Manager* (Vol. 1, Issue 19, pp. 65–76).
- Latifa, R., . C., Subchi, I., Durachman, Y., & Maman, U. (2019). Self-Disclosure in Indonesian Social Media User: What Leads People to Self-Disclose in Social Media? In *Journal of Engineering and Applied Sciences* (Vol. 14, Issue 21, pp. 8047–8054). <https://doi.org/10.36478/jeasci.2019.8047.8054>
- Mannheim, K. (1952). the problem of generations. *Colloquia Communia*, 1(12), 276–322.
- Media, we are sosial. (2025). *Generasi Z Diam-diam Berhenti Menggunakan Media Sosial (Tanpa Harus Keluar)*. We Are Sosial Media.
<https://wersm.com/gen-z-is-quiet-quitting-social-media-without-logging-off/>
- Merrill, J. E., Davidson, L., Riordan, B. C., Logan, Z., & Ward, R. M. (2025).

Associations Between Posting About Alcohol on Social Networking Sites and Alcohol-Induced Blackouts in a Sample of Young Adults Not in 4-Year College. *Psychology of Addictive Behavior*, 39(2), 151–162.

Monela, R. (2023). *Media Sosial Ditinjau Dari Tipe Kepribadian Dan Gender*. Universitas Negri Sunan ampel.

Muhafiah, I., & Suwarningsih. (2023). Durasi Penggunaan Media Sosial dan Tingkat Stres dengan. *Jurnal Ilmu Kesehatan Masyarakat*, 12(5), 346–351. <http://journals.stikim.ac.id/index.php/jikm>

Pangayuninggalih, S. A., & Helmi, A. F. (2023). Unveiling Online Self-Disclosure: A Comparative Study of Adolescents and Young Adults in The Digital Age. *Intuisi : Jurnal Psikologi Ilmiah*, 15(1), 16–31. <https://doi.org/10.15294/intuisi.v15i1.38986>

Pramesti, C, S, L., & Dewi, D, K. (2022). Pengaruh anonimitas terhadap self disclosure pada generasi Z di twitter. *Character: Jurnal Penelitian Psikologi*, 9(5), 51–64. <https://ejournal.unesa.ac.id/index.php/character/article/view/47347>

Prihantoro, E., Damintana, K. P. I., & Ohorella, N. R. (2020). Self Disclosure Generasi Milenial melalui Second Account Instagram. *Jurnal Ilmu Komunikasi*, 18(3), 312. <https://doi.org/10.31315/jik.v18i3.3919>

Putra, yanuar surya. (2016). Theorotical review : teori perbedaan generasi. *Theorotical Review*, 9(18), 123–134.

Qadir, A., & Ramli, M. (2024). Media Sosial(Definisi, Sejarah Dan Jenis-jenisnya). *JurnalAgama, Sosial, Dan Budaya*, 3(6), 2713–2724.

Rampa, S. (2022). *Analisis Dimensi Self Disclosure Di Media Sosial Berdasarkan Jenis Kelamin Pada Dewasa Awal Di Kota Makassar* [Bosowa Makasar]. [https://repository.unibos.ac.id/xmlui/bitstream/handle/123456789/2072/2022 SERLYANTI RAMPA 4517091029 OL45.pdf?sequence=1&isAllowed=y](https://repository.unibos.ac.id/xmlui/bitstream/handle/123456789/2072/2022%20SERLYANTI%20RAMPA%204517091029%20OL45.pdf?sequence=1&isAllowed=y)

Roza, Z., Farencakova, L., David, Z., & Fistova, J. (2024). Generation Z's

perception of privacy on social media: Examining the impact of personalized advertising, interpersonal relationships, reference group dynamics, social isolation, and anxiety on self-disclosure willingness JEL. *Oeconomia Copernicana*, 15(1). <https://doi.org/https://doi.org/10.24136/oc.2956>

Sari, W. P., & Irena, L. (2023). Model Self-Disclosure Generasi Z Pengguna Berat Media Sosial. *Interaksi: Jurnal Ilmu Komunikasi*, 12(1), 146–164. <https://doi.org/10.14710/interaksi.12.1.145-163>

Setyawan, D. A. (2021). *Petunjuk praktikum uji normalitas & homogenitas data dengan SPSS*. PENERBIT TAHTA MEDIA (Grup Penerbitan CV TAHTA MEDIA GROUP) iii.

Siahaan, M. N., Handayani, P. W., & Azzahro, F. (2022). Self-disclosure of social media users in Indonesia : the influence of personal and social media factors. *Information Tecnology & People*, 35(7), 1931–1954. <https://doi.org/10.1108/ITP-06-2020-0389>

Sianturi, R. (2022). Uji homogenitas sebagai syarat pengujian analisis. *Jurnal Pendidikan Sains Sosial Dan Agama*, 8(1), 386–397. <https://doi.org/10.53565/pssa.v8i1.507>

Sugiyono. (2022). *Metode penelitian kuantitatif* (Setiyawami (ed.)). Alfabeta, bandung.

Wheless, L. R., & Grotz, J. (1976). Conceptualization and Measurement of Reported Self-Disclosure. *Human Communication Research*, 2(4), 338–346. <https://doi.org/10.1111/j.1468-2958.1976.tb00494.x>

Wibisono, H. E. G., & Pratisti, W. D. (2023). Self-Disclosure of Generation Z. *Proceeding ISETH (International Summit on Science, Technology, and Humanity)*, 1, 282–288. <https://doi.org/10.23917/iseth.2669>

Xaviera, F., Prasetyo, E., & Mulya, H. C. (2021). Perbedaan Self-Disclosure Ditinjau Dari Tipe Kepribadian Extrovert & Introvert Pada Remaja Pengguna Media Sosial Instagram Di Surabaya. *Experientia: Jurnal*

Psikologi Indonesia, 9(1), 42–49. <https://doi.org/10.33508/exp.v9i1.2932>

Zumiarti, R. surya. (2023). Penerapan Teori Self Disclosure Pada Generasi Milenial (Pemilik Second Account Instagram). *Ekasakti Jurnal Penelitian & Pengabdian (Ejpp)*, 4(November), 74–83.
<https://www.academia.edu/download/82788909/321.pdf>