

DAFTAR PUSTAKA

1. LIANDI R. Hubungan Dukungan Keluarga Dengan Tingkat Kecemasan Pre Operasi Pada Anak Usia Sekolah Di Rs Pku Muhammadiyah Yogyakarta. Naskah Publ Univ 'AISYIYAH YOGYAKARTA. 2015;xiii, 83.
2. Mingir T, Ervatan Z, Turgut N. Spinal anestezi ve perioperatif anksiyete. *Türk Anesteziyoloji ve Reanimasyon Dern Derg.* 2014;42(4):190–5.
3. Lakhe G, Shrestha BB, Subedi A. Preoperative Anxiety among Patients Undergoing Elective Surgery in a Tertiary Care Centre: A Descriptive Cross-sectional Study. *J Nepal Med Assoc.* 2022;60(252):681–4.
4. Latipun, Sefrina F. Hubungan Dukungan Keluarga dan Keberfungsian Sosial pada Pasien Skizofrenia Rawat Jalan. *J Ilm Psikol Terap.* 2016;04(02):140–60.
5. Gambaran Tingkat Kecemasan pasien preoperasi Sectio Caesarea dengan Anestesi Spinal di Rumah Sakit Umum Daerah Wamena. 2022;
6. De Cassai A, Geraldini F, Boscolo A, Pasin L, Pettenuzzo T, Persona P, et al. General anesthesia compared to spinal anesthesia for patients undergoing lumbar vertebral surgery: A meta-analysis of randomized controlled trials. *J Clin Med.* 2021;10(1):1–13.
7. Nugroho DS. Hubungan Terapeutik Perawat-Pasien Terhadap Tingkat Kecemasan Pasien Pre Oerasi Di IRNA C RSUP Sanglah Denpasar. *Nhk技研.* 2015;151:10–7.
8. Isnaeni D. Hubungan Dukungan keluarga Terhadap Respon Kecemasan Saat Operasi. *Poltekkes Kemenkes Yogyakarta.* 2018;4(2):9–33.
9. Calderón-Ochoa F, Mesa-Oliveros A, Rincón-Plata G, Pinto-Quñones I. Effectiveness and safety of exclusive spinal anesthesia with bupivacaine versus femoral sciatic block during the postoperative period of patients having undergone knee arthroscopy: systematic review TT - Efectividad y seguridad de la anestesia espinal ex. *Rev colomb anestesiología.* 2019;47(1):57–68.
10. Rattenberry W, Hertling A, Erskine R. Spinal anaesthesia for ambulatory surgery. *BJA Educ.* 2019;19(10):321–8.
11. Alcock HB. Spinal Anaesthesia. *Br Med J.* 2020;1(4234):305–6.
12. F.Casey W. Spinal Anaesthesia - A Practical Guide Dr Chris Ankcorn, Lecturer in Anaesthesia, Kumasi, Ghana. *Updat Anaesth.* 2021;14.
13. Shahzad K, Afshan G. Induction position for spinal anaesthesia: Sitting versus lateral position. *J Pak Med Assoc.* 2014;63(1):11–5.
14. The Royal College of Anaesthetists. Your spinal anaesthetic. 2014;1–8.
15. Vo H, Berkery D. An overview of neuraxial anesthesia. *Am Nurse J.* 2020;15(4):10–5.
16. le Roux JJ, Wakabayashi K, Jooma Z. Defining the role of thoracic spinal anaesthesia in the 21st century: a narrative review. *Br J Anaesth.* 2023;130(1):e56–65.
17. Desai N, El-Boghdady K, Albrecht E. Peripheral nerve blockade and novel analgesic modalities for ambulatory anesthesia. *Curr Opin Anaesthesiol.* 2020;33(6):760–7.

18. Varghese N, Joseph N, Kandavar S. Rectal puncture during caudal anaesthesia. *Indian J Anaesth*. 2016;60(5):371–2.
19. Peter DN, Boyd J, Chu C, Taylor E. Clinics in Sports Medicine. *Clin Sports Med*. 2022;41(2):xi.
20. Lewis NR, Fitz-Henry J. Anaesthesia explained. *Bmj*. 2001;322(Suppl S3):010352.
21. Bosenberg A. Regional anesthesia. *Neonatal Anesth*. 2015;401–22.
22. Supriyanto J, Suwarman, Rachman IA. Efek Granisetron Intravena terhadap Perubahan Tekanan Darah pada Seksio Sesarea dengan Anestesi Spinal. *J Anestesi Perioper*. 2020;8(2):99–107.
23. Pramono A. Buku kuliah anestesi. Jakarta EGC. 2015;
24. Indra I, Kulsum K. Pre-Anesthesia Assessment and Preparation. *Budapest Int Res Exact Sci J*. 2020;2(2):228–35.
25. Enggar D, Surachtono. Drop Foot After Spinal Anesthesia. *Maj Anest Crit Care*. 2023;41(1):36–41.
26. Tegegne BA, Lema GF, Fentie DY, Bizuneh YB. The preparedness of preoperative anesthesia equipment's and monitors for pediatric patients. *Ann Med Surg*. 2023;85(7):3423–7.
27. Eberhart L, Aust H, Schuster M, Sturm T, Gehling M, Euteneuer F, et al. Preoperative anxiety in adults - A cross-sectional study on specific fears and risk factors. *BMC Psychiatry*. 2020;20(1):1–14.
28. Sutini S. Hubungan Dukungan Keluarga dengan Kualitas Hidup Pasien Gagal Ginjal Kronik yang Menjalani Hemodialisa di RSUD Dr. Harjono Ponorogo. *J Keperawatan UMP*. 2018;(1974):10–54.
29. Martins Esteves I, Silva Coelho M, Cardoso D, Prata AP, Pestana-Santos M, Reis Santos M. Effectiveness of perioperative family-centered educational interventions in the anxiety, pain and behaviors of children/adolescents and their parents: Systematic Review Protocol. *Enfermería Actual en Costa Rica*. 2023;44(44).
30. Pase M. Relationship between Family Support and Anxiety Levels in Preoperative Appendix Patients at Rsi Malahayati Medan in 2022. *Sci Midwifery*. 2022;10(5):3567–74.
31. Papua W, Nahdlatul U, Surabaya U, Java E, Java E. Family Support and Social Support in Preoperative Anxiety Status. 2023;16:163–72.
32. Erkilic E, Kesimci E, Soykut C, Doger C, Gumus T, Kanbak O. Factors associated with preoperative anxiety levels of Turkish surgical patients: From a single center in Ankara. *Patient Prefer Adherence*. 2017;11:291–6.
33. Ismail TI, Mahrous RSS. Parental active participation during induction of general anesthesia to decrease children anxiety and pain. *Egypt J Anaesth*. 2022;38(1):249–60.
34. Qian L, Liu X, Yin M, Zhao Y, Tie B, Wang Q, et al. Coding the negative emotions of family members and patients among the high-risk preoperative conversations with the Chinese version of VR-CoDES. *Heal Expect*. 2022;25(4):1591–600.
35. Khairani M, Sari SM, Indra RL. Factors Affecting the Anxiety Level of Pre-Surgical Patients in Hospital. *J Ris Kesehat*. 2023;12(1):57–66.

36. Shen H, Masingboon K, Samartkit N. Factors related to preoperative uncertainty among patients with breast cancer in Wenzhou, China: A cross-sectional study. *Belitung Nurs J*. 2023;9(3):236–43.
37. Sugiyono D. *Metode Penelitian Kuantitatif, Kualitatif, dan Tindakan*. 2013. 189–190 hal.
38. Notoatmodjo S. *Metodologo Penelitian Kesehatan*. 2012;144.
39. Ahmad O Ben, Boschi Pinto C, Lopez A, Murray C, Lozano R, Inoue M. Age Standardization of Rates: A New WHO Standard. *GPE Discuss Pap Ser EIP/GPE/EBD, World Heal Organ*. Januari 2021;No.31.
40. Arikunto Suharsimi. *Prosedur penelitian suatu pendekatan praktik*. Jakarta: Rineka Cipta. 2013. hal. 172.
41. Kopp W. Aging and “Age-Related” Diseases - What Is the Relation? *Aging Dis*. Juni 2024;16(3):1316–46.
42. Tonelli CM, Ringhouse BJ, Bunn C, Luchette FA. The Impact of the Aging Population on Surgical Diseases. *Curr Geriatr Reports* [Internet]. 2021;10(1):21–31. Tersedia pada: <https://doi.org/10.1007/s13670-020-00352-4>
43. Gumilang NM, Susanto A, Suryani RL. Hubungan Antara Jenis Kelamin dan Usia dengan Tingkat Kecemasan Pasien Pre Operasi dengan Anestesi Spinal di RS Khusus Bedah Jatiwinangun Purwokerto. *Semin Nas Penelit dan Pengabd Kpd Masy*. 2022;1(1):332–7.
44. Baagil H, Baagil H, Gerbershagen MU. Preoperative Anxiety Impact on Anesthetic and Analgesic Use. *Medicina (Kaunas)*. November 2023;59(12).
45. Wijaya A, Asmin E, Saptanno L. Levels of Depression and Anxiety in Productive Age. *J Ilm Kesehat Sandi Husada*. 2023;12:150–6.
46. Marfeo EE, Ward C. Older Adult Productive Activity Participation Using the National Health and Aging Trends Study. *Gerontol Geriatr Med*. 2020;6:2333721420910657.
47. Gurieva SD, Kazantseva T V, Mararitsa L V, Gundelakh OE. Social Perceptions of Gender Differences and the Subjective Significance of the Gender Inequality Issue. *Psychol Russ state art*. 2022;15(2):65–82.
48. Wahyuni W. Dukungan Keluarga Berpengaruh terhadap Tingkat Kecemasan pada Pasien Pre Operasi. *J Nurs Educ Pract*. 2022;02(01):1–8.
49. Sergi MR, Picconi L, Tommasi M, Saggino A, Ebisch SJH, Spoto A. The Role of Gender in the Association Among the Emotional Intelligence, Anxiety and Depression. *Front Psychol*. 2021;12:747702.
50. Zulda AR, Handayani RN, Susanti IH. Relationship between Family Support and Anxiety Level in Preoperative Elderly with Spinal Anesthesia Action at AR Bunda Prabumulih Hospital, South Sumatra. *Java Nurs Journa*. 2023;2(1):59–67.
51. Asif Naveed DM, Anwar M. Towards Information Anxiety and Beyond. *Webology*. 2020;17:65–80.
52. Lemos GC, Guisande MA, Almeida LS. Cognitive Abilities and School Achievement: Addressing Challenges Across Adolescence. *J Intell*. Februari 2025;13(2).
53. Hunie M, Fenta E, Kibret S, Teshome D. The Current Practice of Spinal

- Anesthesia in Anesthetists at a Comprehensive Specialized Hospital: A Single Center Observational Study. *Local Reg Anesth*. 2021;14:51–6.
54. Annisa F, Suhermanto D. RELATION BETWEEN FAMILY SUPPORT AND ANXIETY IN. *Int Conf KERTA CENDEKIA Nurs Acad*. 2019;174–8.
 55. Ridho SA, Widodo D, Ciptaningtyas MD. The Relationship between Family Support and Anxiety Level in Preoperative Major Elective General Anesthesia Patients at dr . Soedomo Hospital Trenggalek. *Care J Ilm Ilmu Kesehat*. 2024;12(3):381–90.
 56. Kusumarini A, Tualeka A, Martiana T. Mengukur Risiko Kesehatan dengan Pendekatan dan Penilaian Risiko untuk Mengidentifikasi serta Mengelola Potensi Bahaya Kesehatan. *LANCAH J Inov dan Tren*. 2023;1:239–45.
 57. Pv A, Kristu S simon. Impact of family ' s emotional involvement and coping strategies on resilience among young adults. *World J Adv Res Rev*. 2025;25(03):1994–2002.
 58. Nurhayati H, Arsani F. Pendampingan Keluarga Pasien dalam Mengelola Kecemasan Sebelum Prosedur Anestesi. *J Masy Mengabdikan Nusant*. 2022;1:175–80.
 59. Reblin M, Uchino BN. Social and emotional support and its implication for health. *Curr Opin Psychiatry*. Maret 2008;21(2):201–5.
 60. Lam PH. An Extension to the stress-buffering model: Timing of support across the lifecourse. *Brain, Behav Immun - Heal* [Internet]. 2024;42:100876. Tersedia pada: <https://www.sciencedirect.com/science/article/pii/S2666354624001546>
 61. Haufler A, Ditzgen B, Schüller J. Social Support as a Stress Buffer or Stress Amplifier and the Moderating Role of Implicit Motives: Protocol for a Randomized Study. *JMIR Res Protoc*. Agustus 2022;11(8):e39509.
 62. Nasrullah. Hubungan dukungan keluarga dengan tingkat kecemasan pasien pre operasi di ruang bedah. *Media Husada J Nurs Sci*. 2025;6(1):10–7.
 63. Cahyanti L, Donsu JDT, Endarwati T, Dewi SC. Hubungan dukungan keluarga dengan Tingkat Kecemasan Pasien Pre Operasi General Anestesi di RS PKU Muhammadiyah Gamping. *J Keperawatan*. 2020;9:129–43.
 64. Arif T, Fauziyah M, Astuti E. PENGARUH PEMBERIAN EDUKASI PERSIAPAN PRE OPERATIF MELALUI MULTIMEDIA VIDEO TERHADAP TINGKAT KECEMASAN PADA PASIEN PRE OPERASI ELEKTIF. *J Ilm Kesehat Media Husada* [Internet]. 2022;11(2):174–81. Tersedia pada: <https://ojs.widyagamahusada.ac.id/index.php/JIK/article/view/331>
 65. Mustafa MS, Shafique MA, Zaidi SDEZ, Qamber A, Rangwala BS, Ahmed A, et al. Preoperative anxiety management in pediatric patients: a systemic review and meta-analysis of randomized controlled trials on the efficacy of distraction techniques. *Front Pediatr*. 2024;12:1353508.
 66. Bello C, Nuebling M, Koster KL, Heidegger T. Patient-reported perioperative anaesthesia-related anxiety is associated with impaired patient satisfaction: a secondary analysis from a prospective observational study in Switzerland. *Sci Rep* [Internet]. 2023;13(1):16301. Tersedia pada:

<https://doi.org/10.1038/s41598-023-43447-6>

67. Biggs A, Brough P, Drummond S. Lazarus and Folkman's psychological stress and coping theory. *The handbook of stress and health: A guide to research and practice*. Hoboken, NJ, US: Wiley Blackwell; 2017. hal. 351–64.
68. Kok XLF, Newton JT, Jones EM, Cunningham SJ. Social support and pre-operative anxiety in patients undergoing elective surgical procedures: A systematic review and meta-analysis. *J Health Psychol*. Maret 2023;28(4):309–27.
69. Assaf N, Bazzi H, Ghanem K, Saasouh W. Optimizing surgical outcomes through increased familial support in the perioperative period. *Front Anesthesiol* [Internet]. 2025;Volume 4-2025. Tersedia pada: <https://www.frontiersin.org/journals/anesthesiology/articles/10.3389/fanes.2025.1650491>
70. Warren JL, Warren JS. The Case for Understanding Interdisciplinary Relationships in Health Care. Vol. 23, *Ochsner journal*. United States; 2023. hal. 94–7.
71. Babaei S, Abolhasani S. Family's Supportive Behaviors in the Care of the Patient Admitted to the Cardiac Care Unit: A Qualitative Study. *J caring Sci*. Juni 2020;9(2):80–6.