

ABSTRAK

Penelitian ini bertujuan untuk mengetahui hubungan antara *self confidence* dengan perencanaan karir pada mahasiswa yang pernah mengikuti program MSIB. Penelitian ini menggunakan metode kuantitatif dengan pendekatan korelasional. Data diperoleh melalui kuisioner. Instrumen yang digunakan berupa skala *self confidence* (28 item, $\alpha = 0,920$) dan skala perencanaan karir (46 item, $\alpha = 0,947$). Subjek penelitian berjumlah 189 mahasiswa yang pernah mengikuti program MSIB yang dipilih menggunakan teknik *snowball sampling*. Analisis data dilakukan dengan uji korelasi spearman. Hasil penelitian menunjukkan adanya hubungan positif yang signifikan antara *self confidence* dengan perencanaan karir. Artinya semakin tinggi *self confidence*, maka semakin tinggi tingkat perencanaan karir, dan sebaliknya. Temuan ini menegaskan pentingnya *self confidence* untuk membantu mahasiswa dalam merencanakan karirnya.

Kata kunci : mahasiswa MSIB, perencanaan karir, *self confidence*

ABSTRACT

This study aims to determine the relationship between self-confidence and career planning among students who have participated in the MSIB program. This study uses a quantitative method with a correlation approach. Data were collected through a questionnaire. The measurement tools used were the self-confidence scale (28 items, $\alpha = 0.920$) and the career planning scale (46 items, $\alpha = 0.947$). The study sample consisted of 189 students who had participated in the MSIB program, selected using a snowball sampling specific technique. Data analysis was conducted using the Spearman correlation test. The results of the study indicate a significant positive correlation between self-confidence and career planning. This means that the higher the level of self-confidence, the higher the level of career planning, and vice versa. This finding highlights the importance of self-confidence in helping students plan their careers.

Keywords: *career planning, self-confidence, students MSIB*