

ABSTRAK

Penelitian ini bertujuan untuk mengetahui hubungan *grit* dengan *career decision making self-efficacy* pada mahasiswa tingkat akhir di Universitas Malikussaleh. Penelitian ini menggunakan metode penelitian kuantitatif dengan teknik *sampling kuota*. Subjek penelitian ini berjumlah tiga ratus lima puluh lima orang mahasiswa tingkat akhir di Universitas Malikussaleh. Teknik pengumpulan data menggunakan skala *grit* yang terdiri dari sembilan belas aitem dan skala *career decision making self-efficacy* yang terdiri dari dua puluh tiga aitem. Hasil penelitian menggunakan analisis *spearman's rho* dengan nilai $(r) = 0.739$ dengan signifikansi $(P < 0.000)$ menunjukkan terdapat hubungan yang positif antara *grit* dengan *career decision making self-efficacy* yang artinya semakin tinggi *grit* maka semakin tinggi *career decision making self-efficacy*, begitupula sebaliknya semakin rendah *grit* maka semakin rendah *career decision making self-efficacy* pada mahasiswa tingkat akhir di Universitas Malikussaleh. Artinya, ketika mahasiswa memiliki ketekunan, kegigihan, konsistensi pada minatnya, mampu menghadapi tantangan dan kegagalan dalam proses mencapai tujuannya akan membentuk *career decision making self-efficacy* yang dimana mahasiswa dapat melakukan penilaian terhadap kemampuan pada dirinya, mampu mencari informasi karir, mampu membuat pilihan karir yang sesuai minat yang dimiliki dengan mengidentifikasi tujuan karir, menyusun langkah-langkah yang dibutuhkan dan mampu mengelola masalah yang dihadapi dalam proses pengambilan keputusan karir.

Kata Kunci: *Career Decision Making Self-Efficacy, Grit, Mahasiswa*

ABSTRACT

This research aims to determine the relationship between grit and career decision making self-efficacy among senior students at Malikussaleh University. The research employed a quantitative method with quota sampling technique. The subjects of this study consisted of three hundred and fifty-five senior students at Universitas Malikussaleh. The data collection technique used a grit scale consisting of nineteen items and a career decision making self-efficacy scale consisting of twenty-three items. The results of the study using Spearman's rho analysis showed a value of $(r) = 0.739$ with a significance of $(P < 0.000)$ indicating a positive relationship between grit and career decision making self-efficacy, meaning that the higher the grit, the higher the career decision making self-efficacy conversely the lower the grit the lower the career decision making self-efficacy among senior students at Malikussaleh University. This means that when students possess perseverance, persistence, and consistency in their interests, and are able to face challenges and failures in the process of achieving their goals, it can foster career decision-making self-efficacy. This enables them to assess their own abilities, seek career-related information, make career choices aligned with their interests, identify career goals, formulate necessary steps, and manage problems encountered during the career decision-making process.

Keywords: Career Decision-Making Self-Efficacy, Grit, University Students