

DAFTAR PUSTAKA

- Afdal, A., Andriani, W., Sukmawati, I., Zikra, D., & Fikri, M. (2021). *Kepuasan pernikahan: Kajian teoritis awal dan peran konselor dalam kehidupan rumah tangga*. CV. Eureka Media Aksara.
- Akın Işık, R., & Kaya, Y. (2022). The relationships among perceived stress, conflict resolution styles, spousal support and marital satisfaction during the COVID-19 quarantine. *Current Psychology*, 41, 3328–3338. <https://doi.org/10.1007/s12144-022-02737-4>
- Ayres, J. (1983). Strategies to maintain relationships: Their identification and perceived usage. *Communication Quarterly*, 31(1), 62–67. <https://doi.org/10.1080/01463378309369487>
- Azwar, S. (2012). *Penyusunan Skala Psikologi*. Pustaka Pelajar
- Azwar, S. (2021). *Penyusunan Skala Psikologi*. Pustaka Pelajar
- Baptist, J. A., Norton, A. M., Aducci, C. J., Thompson, D. E., & Cook, A. (2012). Relationship Maintenance Behaviors: A Cross-Cultural Examination of Emerging Adults in Romantic Relationships. *Journal of Couple and Relationship Therapy*, 11(1), 33–50. <https://doi.org/10.1080/15332691.2012.639703>
- Belus, J. M., Pentel, K. Z., Cohen, M. J., Fischer, M. S., & Baucom, D. H. (2019). Staying Connected: An Examination of Relationship Maintenance Behaviors in Long-Distance Relationships. *Marriage and Family Review*, 55(1), 78–98. <https://doi.org/10.1080/01494929.2018.1458004>
- Bouchard, G., Gaudet, M., Cloutier, G., & Martin, M. (2023). Attachment, Relational Maintenance Behaviors and Relationship Quality in Romantic Long-Distance Relationships: A Dyadic Perspective. *Interpersona*, 17(2), 213–231. <https://doi.org/10.5964/ijpr.9771>
- Canary, D. J., & Stafford, L. (1992). Relational maintenance strategies and equity in marriage. *Communications Monographs*, 59(3), 243–267.
- Canary, D. J., Stafford, L., & Semic, B. A. (2002). A panel study of the associations between maintenance strategies and relational characteristics. *Journal of marriage and family*, 64(2), 395–406.
- Canary, D. J., & Dainton, M. (2003). *Maintaining Relationships Through Communication: Relational, Contextual, and Cultural Variations*. *Maintaining Relationships Through Communication*. Mahwah, New Jersey: Lawrence Erlbaum Associates. <https://doi.org/10.4324/9781410606990>
- Charis, O., Hadi, I. P., & Yoanita, D. (2020). Strategi Relational Maintenance Pasangan Suami Istri yang Menjalani Long Distance Relationship. *Jurnal E-Komunikasi*, 8(2), 1–12. <http://publication.petra.ac.id/index.php/ilmu-komunikasi/article/view/11079/9847>

- Dandurand, C., & Lafontaine, M.-F. (2013). Intimacy and Couple Satisfaction: The Moderating Role of Romantic Attachment. *International Journal of Psychological Studies*, 5(1), 74–90. <https://doi.org/10.5539/ijps.v5n1p74>
- Dewi, N. K. (2013). *Commuter Marriage*. Bogor: IPB Press.
- Dindia, K., & Canary, D. J (1993). Definitions and theoretical perspectives on maintaining relationships. *Journal of social and personal relationships*, 10(2), 163-173
- Du Bois, S. N., Yoder, W., Ramos, S. D., Grotkowski, K., & Sher, T. G. (2019). Unexpected Gender Moderation of Marital Satisfaction–Health Associations in Long-Distance Relationships. *The Family Journal*, 27(2), 133-141. <https://doi.org/10.1177/1066480719826300>
- Elbaliem, G. K., Widiastuti, T. R., & Purboningsih, E. R. (2020). Analisis Dyadic Relationship Maintenance Behavior Pada Pasangan Yang Menjalani Hubungan Pernikahan Jarak Jauh. *Psycho Idea*, 18(2), 180. <https://doi.org/10.30595/psychoidea.v18i2.7340>
- Eliyani, E. R. (2013). Keterbukaan Komunikasi Interpersonal Pasangan Suami Istri. *Ilmu Komunikasi*, 1 No 2(2), 87.
- Fowers, B. J., & Olson, D. H. (1993). ENRICH Marital Satisfaction Scale: A brief research and clinical tool. *Journal of Family psychology*, 7(2), 176.
- Fowers, B. J., & Olson, D. H. (1989). Enrich Marital Inventory: a Discriminant Validity and Cross-Validation Assessment. *Journal of Marital and Family Therapy*, 15(1), 65–79. <https://doi.org/10.1111/j.1752-0606.1989.tb00777>.
- Ghezelseflo, M., Jazayeri, R., Bahrami, F., & Mohammadi Fesharaki, R. (2016). The role of relational maintenance behavior and attachment styles in predicting marital commitment. *Asian Social Science*, 12(9), 223–233. <https://doi.org/10.5539/ass.v12n9p223>
- Ghozali, I., & Fuad, M. (2008). Structural equation modeling. *Edisi II, Universitas Diponegoro, Semarang*.
- Graff, T. C., Birmingham, W. C., Wadsworth, L. L., & Hung, M. (2024). Doing it all: Effects of family responsibilities and marital relationship quality on mothers' ambulatory blood pressure. *Annals of Behavioral Medicine*, 58(1), 67–78. <https://doi.org/10.1093/abm/kaad058>
- Hendrick, S., & Clyde, H. (2015). *Liking, Loving, & Relating*. Brooks/Cole Publishing Company.
- Helms, H. M., Walls, J. K., Crouter, A. C., & McHale, S. M. (2010). Provider role attitudes, marital satisfaction, role overload, and housework: A dyadic approach. *Journal of Family Psychology*, 24(5), 568–577. <https://doi.org/10.1037/a0020637>

- Handayani, Y. (2016). Komitmen, Conflict Resolution, dan Kepuasan Perkawinan Pada Istri yang Menjalani Hubungan Pernikahan Jarak Jauh. *Psikoborneo: Jurnal Ilmiah Psikologi*, 4(3), 325–333. <https://doi.org/10.30872/psikoborneo.v4i3.4090>
- Hermansyah, M. T., & Nabella, A. (2023). Marriage satisfaction in early adult women in long-distance marriage. *Jurnal Psikologi Udayana*, 10(2), 401–410. <https://doi.org/10.24843/JPU/2023.v10.i02.p09>
- Kauffman, M. H. (2010). Relational Maintenance in long- distance dating relationships: Staying close. *Virginia Polytechnic Institute and State University, Master of*, 115.
- Lambert, N. M., & Fincham, F. D. (2011). Expressing gratitude to a partner leads to more relationship maintenance behavior. *Emotion*, 11(1), 52.
- Li, T., & Fung, H. H. (2011). The dynamic goal theory of marital satisfaction. *Review of General Psychology*, 15(3), 246–254.
- Lestari, R. R. D., & Darmawanti, I. (2023). Hubungan antara love languages dengan kepuasan hubungan pernikahan. *Character: Jurnal Penelitian Psikologi*, 10(1), 260–273.
- Maguire, K. C., & Kinney, T. A. (2010). When Distance is Problematic: Communication, Coping, and Relational Satisfaction in Female College Students' Long-Distance Dating Relationships. *Journal of Applied Communication Research*, 38(1), 27–46. <https://doi.org/10.1080/00909880903483573>
- Maki, J. C. M., & Kusumiati, R. Y. E. (2025). Hubungan antara kematangan emosi dengan kepuasan pernikahan pada dewasa awal. *Jurnal Pendidikan Indonesia*, 6(4), 2139–2146.
- Maharani, F., & Kinanthi, M. R. (2024). Peran komitmen pernikahan tipe personal dedication terhadap kepuasan pernikahan pada individu yang menjalani commuter marriage. *Insight: Jurnal Pemikiran dan Penelitian Psikologi*.
- Muslimah, U. N., Karnay, S., & Farid, M. (2023). Analisis komunikasi interpersonal dalam pernikahan jarak jauh (Long Distance Marriage) pada pasangan di Kota Makassar. *JIIP: Jurnal Ilmiah Ilmu Pendidikan*, 6(12), 10634–10640.
- Meilanawati, E. R., & Atmojo, A. P. (2024). Hubungan Love Language Dengan Kepuasan Pernikahan Pada Lima Tahun Pertama Pernikahan (*Doctoral Dissertation, Uin Surakarta*).
- Olson, D. H., Defrain, J., & Skogrand, L. (2014). *Marriages and Families Intimacy, Diversity, and Strengths Chapter 2 Cultural Diversity and Diversity in Family Structure: Family Strengths and Challenges*.
- Pasaribu, Y. T., & Arjadi, R. (2023). Relational Maintenance Behavior as a Predictor of Marital Satisfaction in Commuter Marriage. *Jurnal Psikologi*, 50(1), 104. <https://doi.org/10.22146/jpsi.72905>

- Pratiwi, H. (2016). Hubungan antara dukungan sosial keluarga dengan kepuasan perkawinan pada istri. *Calyptra: Jurnal Ilmiah Mahasiswa Universitas Surabaya*, 5(1), 1–10.
- Priyatno, D. (2011). *Buku Saku Analisis Statistik Data SPSS*. Mediakom.
- Purnawan, P. O., & Kusumiati, R. Y. E. (2024). Hubungan Antara Kepuasan Pernikahan Dengan Intensi Berselingkuh Pada Pasangan Yang Menjalani Long Distance Relationship (LDR). *G-Couns: Jurnal Bimbingan dan Konseling*, 8(3), 1525-1533. <https://doi.org/10.31316/gcouns.v8i3.6084>
- Putra, A. S., & Uyun, Z. (2017). *Pola komunikasi pada istri pasangan pernikahan jarak jauh* (Doctoral dissertation, Universitas Muhammadiyah Surakarta)
- Ratriasari, A. (2024). *Peran pemeliharaan hubungan terhadap kepuasan perkawinan pada pasangan jarak jauh (commuter marriage)* Universitas Gadjah Mada.
- Rachmawati, D., & Mastuti, E. (2013). Perbedaan Tingkat Kepuasan Perkawinan Ditinjau Dari Tingkat Penyesuaian Perkawinan Pada Istri Brigif 1 Marinir Tni-Al Yang Menjalani Long Distance Marriage. *Jurnal Psikologi Pendidikan Dan Perkembangan*, 2(1), 1–8. http://www.waiit.com/Long_Distance_Rel
- Rahmayanti, L. P. (2022). *Peran Relationship Maintenance Behavior Dan Perceived Fairness Terhadap Kepuasan Perkawinan*. 1–94.
- Raisah, P. (2022). *Perbedaan kepuasan pernikahan pada suami dan istri di usia awal pernikahan di Kabupaten Bireuen* (Skripsi tidak dipublikasikan). Fakultas Psikologi, Universitas Islam Negeri Ar-Raniry.
- Saputra, R., Iswanto, B., & Nisa, W. (2024). Problematika Long Distance Marriage Anak Buah Kapal (ABK) dalam Menjaga Ketahanan Rumah Tangga Perspektif Hukum Keluarga Islam. *Innovative: Journal Of Social Science Research*, 4(3), 10415-10428.
- Shafira, M. K. P. (2022). *Hubungan Intensitas Penggunaan Media Sosial dengan Perilaku Pemeliharaan Hubungan Pada Istri Pelaut Yang Menjalani Long Distance Marriage* (Doctoral dissertation, UIN RADEN INTAN LAMPUNG).
- Sihombing, P. R., Suryadiningrat, S., Sunarjo, D. A., & Yuda, Y. P. A. C. (2023). Identifikasi Data Outlier (Pencilan) dan Kenormalan Data Pada Data Univariat serta Alternatif Penyelesaiannya. *Jurnal Ekonomi Dan Statistik Indonesia*, 2(3), 307-316. <https://doi.org/10.11594/jesi.02.03.07>
- Subhan, M. (2022). Long Distance Marriage (LDM) Dalam Perspektif Hukum Islam. *Ulumuna: Jurnal Studi Keislaman*, 8(2), 444-465.
- Stafford, L. (2020). Communal strength, exchange orientation, equity, and relational maintenance. *Journal of Social and Personal Relationships*, 37(8-9), 2345-2365. <https://doi.org/10.1177/0265407520923741>

- Stafford, L. (2011). Measuring relationship maintenance behaviors: Critique and development of the revised relationship maintenance behavior scale. *Journal of Social and Personal Relationships*, 28(2), 278–303. <https://doi.org/10.1177/0265407510378125>
- Sugiyono. (2018). *Metode Penelitian Kuantitatif*. CV Alfabeta.
- Stafford, L. (2004). Maintaining Long-Distance and Cross-Residential Relationships (1st ed.). Routledge. <https://doi.org/10.4324/9781410611512>
- Tania, A. S. R., & Nurudin, N. (2021). Self-Disclosure Komunikasi Antar Pribadi Pasangan Jarak Jauh dalam Mempertahankan Hubungan Saat Physical Distancing Era Pandemic COVID-19. *Komuniti : Jurnal Komunikasi Dan Teknologi Informasi*, 13(1), 1–15. <https://doi.org/10.23917/komuniti.v13i1.12935>
- Ulviani, T., Nurfarhanah, & Hariko, R. (2024). Trust and quality of communication with the marriage commitment of TNI AU undergoing long distance marriage. *Bisma: The Journal of Counseling*, 8(1), 9–16. <https://doi.org/10.23887/bisma.v8i1.84279>
- Veronika, M., & Afdal, A. (2021). Analisis Kepuasan Pernikahan pada Pasangan Suami Istri yang Bekerja. *Jurnal EDUCATIO: Jurnal Pendidikan Indonesia*, 7(1), 81. <https://doi.org/10.29210/1202121150>