

ABSTRAK

Penelitian ini bertujuan untuk mengetahui hubungan kepribadian *big five* dengan *self compassion* pada mahasiswa rantau di universitas malikussaleh. Metode penelitian ini menggunakan pendekatan kuantitatif korelasional, yaitu penelitian yang menerapkan metode statistik untuk mengukur hubungan antara dua atau lebih variabel (Creswell,2014). Data diperoleh melalui kuesioner “kepribadian *big five* dan *self compassion*”. Subjek dalam penelitian ini berjumlah 367 mahasiswa rantau berasal dari luar aceh yang diperoleh berdasarkan metode *simple random sampling*, yang melibatkan pemilihan sampel secara acak tanpa mempertimbangkan strata dalam populasi (sugiyono, 2019). Hasil analisis data dengan uji f menunjukkan bahwa terdapat hubungan antara kepribadian *big five* dengan *self compassion* pada mahasiswa rantau di Universitas Malikussaleh. Hasil uji t menunjukkan bahwa kepribadian *Openness to experience*, *Conscientiousness* terdapat hubungan dengan *self compassion*, dan *extraversion*, *agreeableness*, *neuroticism* tidak terdapat hubungan signifikan terhadap *self compassion*.

Kata Kunci : Self Compassion, Kepribadian Big Five, Mahasiswa, Rantau

ABSTRACT

This research aims to determine the relationship between the big five personality and self-compassion in overseas students at Malikussaleh University. This research method uses a quantitative correlational approach, namely research that applies statistical methods to measure the relationship between two or more variables (Creswell, 2014). Data was obtained through the "big five personality and self compassion" questionnaire. The subjects in this study were 367 overseas students from outside Aceh who were obtained based on the simple random sampling method, which involves selecting samples randomly without considering strata in the population (Sugiyono, 2019). The results of research based on analysis using the t test show that the personality of Openness to experience, Conscientiousness has a relationship with self-compassion, and extraversion, agreeableness, neuroticism has no significant relationship with the self-compassion of overseas students at Malikussaleh University.

Keywords: Self Compassion, Big Five Personalitiy, Students, Overseas